

Meridian Health GROUP



WELLNESS PACKAGES

At Meridian Health Group, we advocate for regular wellness check-ups as fundamental for maintaining optimal health. We prioritize preventive care to combat non-communicable diseases and detect ailments early. Our holistic wellness program, led by expert professionals, promotes a balanced lifestyle for your well-being. Join us to live, work, and enjoy life with vitality and assurance.



COPPER WELLNESS PACKAGE



Female		Male	
	Price		Price
Physical Exam	1000	Physical Exam	1000
Full Blood Count	1100	Full Blood Count	1100
Urinalysis	300	Urinalysis	300
Stool Analysis	400	Stool Analysis	400
Fasting Blood Sugar	300	Fasting Blood Sugar	300
Cholesterol	800	Cholesterol	800
GGT	500	GGT	500
Creatinine	600	Creatinine	600
HIV	800	HIV	800
Total	Ksh.5,800	Total	Kshs.5,800

BRONZE WELLNESS PACKAGE



Female		Male	
	Price		Price
Physical Exam	1000	Physical Exam	1000
Full Blood Count	1100	Full Blood Count	1100
Urinalysis	300	Urinalysis	300
Stool Analysis	400	Stool Analysis	400
Fasting Blood Sugar	300	Fasting Blood Sugar	300
Cholesterol	800	Cholesterol	800
GGT	500	GGT	500
Creatinine	600	Creatinine	600
HIV	800	HIV	800
ECG	1500	ECG	1500
Pap smear	2000	PSA	2000
TSH	2000	TSH	2000
Total	Ksh.11,300	Total	Ksh.11,300

SILVER WELLNESS PACKAGE



Female	Price	Male	Price
Physical Exam	1000	Physical Exam	1000
Full Blood Count	1100	Full Blood Count	1100
Urinalysis	300	Urinalysis	300
Stool Analysis	400	Stool Analysis	400
Fasting Blood Sugar	300	Fasting Blood Sugar	300
Lipid Profile	2600	Lipid Profile	2600
Liver Function Tests	2000	Liver Function Tests	2000
Kidney Function Tests	2350	Kidney Function Tests	2350
HIV	800	HIV	800
ECG	1500	ECG	1500
Pap smear	2000	PSA	2000
Chest X-Ray	1500	Chest X-Ray	1500
Uric Acid	700	Uric Acid	700
Breast Ultrasound	4500	Prostatic Ultrasound	4500
TSH	2000	TSH	2000
Total	Ksh.23,050	Total	Ksh.23,050

GOLD WELLNESS PACKAGE



Female	Price	Male	Price
Physical Exam	1000	Physical Exam	1000
Full Blood Count	1100	Full Blood Count	1100
Urinalysis	300	Urinalysis	300
Stool Analysis	400	Stool Analysis	400
Fasting Blood Sugar	300	Blood Sugar	300
Lipid Profile	2600	Lipid Profile	2600
Liver Function Test	2000	Liver Function Test	2000
Kidney Function Test	2350	Kidney Function Test	2350
HIV	800	HIV	800
ECG	1500	ECG	1500
Pap smear	2000	PSA	2000
Chest X-Ray	1500	Chest X-Ray	1500
Uric Acid	700	Uric Acid	700
Breast Ultrasound	4500	Prostatic Ultrasound	4500
Abdomino-pelvic ultrasound	8000	Abdomino-pelvic ultrasound	8000
HBA1C	2000	HBA1C	2000
Stool Occult Blood	800	Stool Occult Blood	800
TSH	2000	TSH	2000
Total	Ksh.33,850	Total	Ksh.33,850



Female	Price	Male	Price
Physical Exam	1000	Physical Exam	1000
Full Blood Count	1100	Full Blood Count	1100
Urinalysis	300	Urinalysis	300
Stool Analysis	400	Stool Analysis	400
Fasting Blood Sugar	300	Fasting Blood Sugar	300
Lipid Profile	2600	Lipid Profile	2600
Liver Function Test	2000	Liver Function Test	2000
Kidney Function Test	2350	Kidney Function Test	2350
HIV	800	HIV	800
ECG	1500	ECG	1500
Pap smear	2000	PSA	2000
Chest X-Ray	1500	Chest X-Ray	1500
Uric Acid	700	Uric Acid	700
Breast Ultrasound	4500	Prostatic Ultrasound	4500
Abdomino-pelvic ultrasound	8000	Abdomino-pelvic ultrasound	8000
HBA1C	2000	HBA1C	2000
Stool Occult Blood	800	Stool Occult Blood	800
CEA	2600	CEA	2600
TSH	2000	TSH	2000
Serum Calcium	1000	Serum Calcium	1000
TFT	4500	TFT	4500
Total	Kshs.41,950	Total	Kshs.41,950

RECOMMENDATIONS:

- ⊕ If accessing the packages under insurance, kindly seek preauthorization from your insurance provider.
- ⊕ Inform your doctor of any existing medical conditions or medication that you may be taking.
- ⊕ It is recommended to fast (don't eat or drink) for at least 8 hours before your checkup. Breakfast will be offered after the completion of the medical examinations.

TO BOOK AN APPOINTMENT CONTACT US:

☎ 0709 572 000 / 0709 572 057 / 0722 207 623

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