



What is Corona Virus Disease 2019 or COVID19?

Coronavirus Disease or COVID-19 is a new highly infectious respiratory disease which is spreading globally mainly from person-to-person through contact with droplets when an infected person coughs or sneezes or contaminated surfaces and objects.

How is it spread?

Contact with an infected person with COVID-19 virus through coughing or sneezing

Contact with contaminated surfaces or articles with the COVID-19 virus

Can COVID-19 be transmitted from person to person?

Yes. Close contact with an infected patient in a household workplace, or health care center increases risk of transmission. You are encouraged to limit contact with people who are sick especially with flu-like symptoms.

Can humans get infected with COVID-19?

Yes. Humans can get infected with COVID-19 from animals. Contact with infected domestic and wild animals, increases your risk of infection. People are encouraged to limit direct contact with sick wild and domestic animals. Thoroughly cook animal products (including meat, eggs and other animal products).

What are the signs and symptoms of Covid-19?

Fever, Cough, Sneezing, Shortness of breath, Body ache and Headache which starts within 14 days of being infected

Is there a treatment for COVID-19?

There is no specific treatment. However, many of the symptoms can be treated and therefore treatment is given based on the patient's clinical condition. Moreover, supportive care for infected persons can be highly effective.

Is there a vaccine for a COVID-19?

As this is a new disease, there is no vaccine at the moment.



What do you need to do to protect yourself and others from getting COVID-19?

- Regularly wash hands with soap and water, or use an alcohol based hand sanitizer.
- Avoid close contact with people who have flu-like symptoms.
- Cover your nose and mouth with tissue or cough and sneeze into your flexed elbow.
- Avoid handshaking hugging and kissing with people who have flu-like symptoms
- Stay home and avoid travelling when you have flu-like symptoms.
- Report fever, cough and shortness of breath to the nearest health facility.

Are health workers at risk from COVID-19?

Yes they are as they come into contact with patients more often than the general public. The Ministry of Health recommends that health care workers consistently apply appropriate infection prevention and control measures.

How do I get in touch with the Ministry of Health Hotline?

A. They can be contacted directly by calling 0729471414 & 0732353535 or calling 719 or texting – *719#