



Basic Information on Coronavirus Disease 2019

1. Corona Virus Disease 2019 (COVID19) is a new respiratory illness that can easily be spread from person to person.

2. COVID-19 is spread through contact with droplets produced by a person who is sneezing or coughing or contaminated surfaces or objects.

3. COVID-19 can cause severe symptoms like fever, cough, headache, body aches and difficulty in breathing.

4. COVID-19 is preventable through;

- Washing your hands with soap and running water or using an alcohol based hand sanitizer,
- Keeping a social distance of at least 2 metres or 2-3 steps from people with flu-like symptoms.
- Avoiding shaking hands, hugging or kissing with people with flu-like symptoms.
- Staying at home and avoiding travel when you have flu-like symptoms.

5. Early detection and treatment can contribute greatly to survival of the patient.

6. COVID 2019 cannot be transmitted through air.